



REGISTRATION INFORMATION

The Saratoga NFL Flag Football league is a volunteer-based, non-profit organization teaching sportsmanship, character building, and football fundamentals to boys and girls throughout Saratoga County.

2023 Season

League Information

Saratoga NFL Flag Football is a co-ed youth flag football league open to all kids going into PreK through 9th grade in the fall.

The league has 5 divisions for grades PreK-K, 1st-2nd, 3rd-4th, 5th-6th, and 7th-9th.

Practices can begin as early as August 23, 2023.

An 8-game season will be played on Saturdays at PBA Fields (5 Bliven Way, Saratoga Springs) starting September 9th with the Playoff and Super Bowl occurring on November 4th. Saturday games will be played from 9AM to 1PM. All players **must** wear mouthguards for every game and practice.

Coaches will contact players once rosters are formed.

Registration Information

Registration is open from May 1st through August 1st. **Early Registration May 1st through June 30th.**

Cost PreK-K Division **(\$125) – Early Registration (\$100)**
1st-9th Grade Divisions **(\$150) – Early Registration (\$135)**

Gear All players receive a reversible NFL team jersey. Players require a mouthguard (**mandatory**) and cleats (optional but recommended).

Go to www.snflff.com to register now!

snflff.com
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